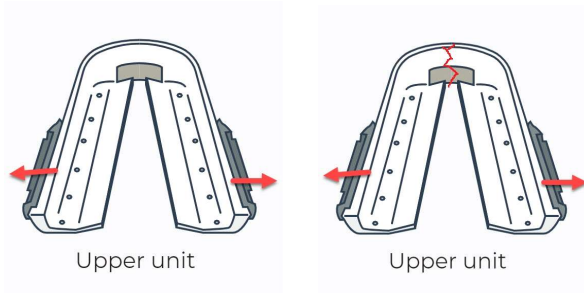
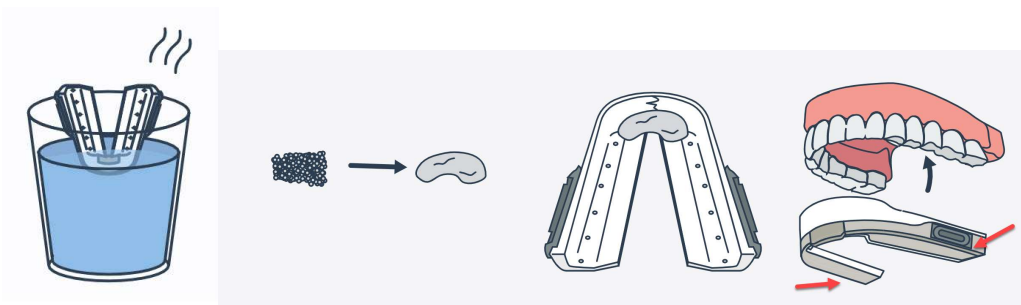


Upper devise feels too small or too tight on back teeth

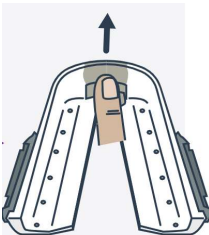
1. Intentionally crack upper mouthpiece by pulling back of device outward.



2. Add soft plastic to cracked area.



3. Use finger pressure on both back metal plates while in the mouth to insure that the device widens enough. 60 sec. remove multiple times.



4. If front area is tight then press it outward. Then replace in mouth for 2 minutes.